

New Advances in Hip Rehabilitation for Physical Therapists

2012 Course Dates, Locations & Contacts:

Feb 25, Yellowknife NWT, Registration contact: Tracey Pope: Tracey_Pope@gov.nt.ca

April 21, Vancouver BC, Registration contact: Maggie Phillips: maggiephillips@me.com

May 6, Waterloo ON, Registration contact: David Gilman: drdgilman@hotmail.com

May 27, Toronto ON, Registration contact: Jenna McEachern: jenna.c.mceachern@gmail.com

June 2, Thunder Bay ON, Registration contact: Peter Jordan: pjordan@lakeheadu.ca

June 16 & 17, Conception Bay NFD, Registration contact: Kim Jackson: info@atlanticphysiotherapy.ca

Course Instructor:

David Lindsay BHMS BPhy MSc

Head Physiotherapist

University of Calgary Sport Medicine Centre

Cost:

1-day: \$225 (plus applicable taxes).

2-day: \$450 (plus applicable taxes).

Course Description:

The hip joint is truly one of the most amazing joints in the body. It is the critical link between the ambulating lower limbs and trunk. Its articular configuration allows almost unlimited directions of movement and it has more muscles attaching around it than any other single joint in the body. This very “hands-on” seminar take a VERY MODERN look at the biomechanics and muscle physiology of this amazing joint that will change forever your understanding of how the hip behaves in a manner that makes PERFECT sense. Topics covered include; OA, Labral tears, F.A.I., and iliopsoas syndrome. Furthermore, the benefits and potential pitfalls of arthroscopic surgery will be discussed. Afternoon “hands-on” workshops showcase RECENTLY DEVELOPED differential diagnoses tests for hip pain and highlight scientifically supported rehabilitation strategies developed over a 15 year period at the University of Calgary Sport Medicine Centre with a documented success rate of 80%. The course manual is very comprehensive, fully referenced and easy to read.

Additional Information:

For complete seminar details: **Website:** www.hipphysio.com

Academic or hosting inquires: David Lindsay: dlindsay@ucalgary.ca